



Plastic & Hand Surgical Associates
244 Western Avenue, South Portland, Maine 04106
www.plasticandhand.com Tel. 207-775-3446 Fax 207-879-1646

MICROPEEL PLUS POST PEEL INSTRUCTIONS

- Apply Extra Rich Moisturizer at least twice a day for the next seven to ten days. ***Even acne patients need to use the Extra Rich Moisturizer.**
- Wash gently. Take extreme care while washing your face. Use Gentle Cleansing bar or Toleriane Cleanser.
- Try to avoid the sun as much as possible. However, if sun avoidance is impossible, apply Biomedic Face Shield SPF 20 as often as possible.
- Resist any urge to pick, scratch or peel your treated skin. This could result in scarring.

Important facts you should know post peel

- For the first few days you may not notice any changes, under no circumstances are you to use a scrub product or tool, apply any product that contains an acid.
 - For one week you will experience the MicroPeel Plus renewal process. Your skin will lose its outer dead layer. Depending on your skin, peeling may or may not be noticed. However, when peeling is noticed it will occur two to four days post peel and will last for three to five days.
 - Any peeling that occurs will most likely be localized. Different areas peel at different times and at different rates.
 - **Remember DO NOT:**
 - pick, peel, scrape or scratch the skin
 - use a mask or exfoliating product
 - spend prolonged time in the sun
 - wear tight hats or headbands
 - **You may experience the following:**
 - stinging
 - burning
 - visible flaking or peeling
 - itching
 - tightness
- Most of these reactions are common during the first two to four days after the treatment.