



Plastic & Hand Surgical Associates  
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## **INTENSE PULSED LIGHT (IPL) POST TREATMENT INSTRUCTIONS**

For 48 hours after your treatment use the following Skin care routine.  
AM Cleanse then apply CX5 Correction Cream.  
PM Cleanse and apply CX5 Correction Cream.

After the 48 hours you can resume your regular skin care regimen.

If redness occurs, use a cold compress to decrease redness in skin.  
If swelling occurs, use a cold compress or ice pack to decrease the swelling.  
**\*\*Do Not lie flat when going to bed. Elevate with a few pillows to allow the swelling to drain.**

If bruising occurs it will fade in 7-14 days.

If blistering occurs apply Double antibiotic ointment. If redness or inflammation occurs please call 207-775-3446.