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Post Fraxel Treatment Instructions Fraxel Restore Dual

- 1. Immediately after the treatment, you will experience <u>redness</u>, <u>swelling</u> and sometimes <u>pinpoint bleeding</u>. <u>Heat sensation</u> can be intense for 2-3 hours following your treatment. Occasionally <u>oozing</u> may occur in isolated areas for a few days.
- 2. Over the next few days redness may worsen. Swelling may be signifigant and cuse discomfort. You may notice <u>little dark spots</u> appearing on the treated area. These are dead skin as a result of the treatment, and should start <u>sloughing</u> off after 3-4 days post treatment. Most patients complete this process in 4-7 days. (Off face areas may take up to two weeks)
- 3. Once the sloughing is complete, you may notice some **pinkness** over the next few weeks.
- 4. Some patients experience itching.

What you can do:

1. Immediately after the treatment you should use an **Extra Rich Moisturizer**. If this is irritating or not moisturizing enough use a thin layer of **aquaphor**. Use the aquaphor to cover any areas that may ooze and keep moist. Use ice packs to decrease any heat sensation. You may cleanse your akin with Toleriane **Cleanser**.